

# A PRELIMINARY CLINICAL STUDY OF RHUMAYOG IN THE TREATMENT OF RHEUMATOID ARTHRITIS AND OSTEO-ARTHRITIS

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In this very preliminary study an effort has been made to study efficacy of an Ayurvedic drug in two commonly occurring degenerative disorders Rheumatoid and Osteo Arthritis. There was a definite clinical improvement observed in these cases. The ESR values and limited arthroscopic findings compliment the clinical outcome.

**TABLE 1**  
**REUMATOID ATHRITIS & OSTEO ARTHRITIS (n =60)**

	Rheumatoid Arthritis (Patients=27)				Osteo arthritis (Patients=33)			
	0	A	B	C	0	A	B	C
<b>Response</b>	0	A	B	C	0	A	B	C
<b>Clinical</b>	2	3	5	17	3	4	6	20
<b>ESR</b>	2	2	5	18	2	5	7	19
<b>Arthroscopy</b>	1			6	6	1		2

**TABLE 2**  
**RHEUMATOID ARTHRITIS (n = 27)**

Grades	Clinical	Laboratory	Arthroscopic
<b>Excellent</b>	63.0%	66.7%	85.0%
<b>Good</b>	18.1%	18.5%	00.0%
<b>Moderate</b>	11.1%	7.4%	00.0%
<b>No Response</b>	7.4%	7.4%	14.3%

**TABLE 3**  
**OSTEO ARTHRITIS (n = 33)**

Grades	Clinical	Laboratory	Arthroscopic
<b>Excellent</b>	60.6%	57.6%	66.7%
<b>Good</b>	18.2%	21.2%	00.0%
<b>Moderate</b>	12.1%	15.2%	00.0%
<b>No Response</b>	9.1%	6.0%	33.3%

This study suggests potential of this drug in the treatment of those disorders and also suggests further clinical and experimental studies.

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