

**MANJISHTHA- AN INTERNAL STUDY OF AN AYURVEDIC
PLANT
(Rubia Cordifolia Linn.Vs. Rubia Tinctoria Linn.)**

N.S.Bhatt

Extensive research is being carried out on Ayurvedic medicinal plants. More often than not, a plant is studied from a uni dimensional viewpoint, notwithstanding the repeatedly emphasized multidisciplinary approach. This requires a well-balanced and informed interaction from scientists from diverse fields for productive research.

Integral study of Manjishtha - a widely used Ayurvedic plant has been carried out.

The aspects covered are:

1. Extensive literature survey from Ayurvedic and other Sanskrit texts
2. (Circa 350 references)
3. Ethno botanical study of the drug.
4. Pharmacognostic studies of two types of market samples of Manjishtha.
5. Anti-inflammatory in carrageenan edema and acute toxicity studies in rats.
6. Clinical evaluation in eczema.

Unpublished monograph