

LIMITATIONS OF STANDARDISATION OF AYURVEDIC DRUGS

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Ayurvedic drugs and therapeutics have been finding increased usage in recent timings. Standardisation of Ayurvedic drugs is one of the major problems in offering appropriate therapeutics.

The analytical synthetic approach applied to Ayurvedic drugs, both for crude as well as formulations, is of limited use and several examples are cited where the limitations are obvious due to contradictory results.

The different types of Pharmaceuticals forms, e.g. Bhasmas made of metals after complex processes, are difficult to standardise. These drugs need altogether different approaches. Even liquid forms, e.g. Asavas and Arishtas (Medicinal wines) that have been subjected to chemical parameters are difficult to standardise. Efforts are also made to standardise drugs on anti-bacterial or pharmacological methods, without success.

It is necessary to understand the basic concepts of preparation of Ayurvedic drugs and the biological rationale behind different forms. Specific suggestions are made to achieve these standards, which are very vital for coming times.

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