

## **EFFICACY OF A NEW AYURVEDIC PRODUCT IN REGULATING BOWEL FUNCTION**

*M.M. Banavaliker\*, Chetna Joshi\*, Priya Nunes\*, N.S. Bhatt\*, J. B. Naik\*\**

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Constipation, a common physiological disorder was treated with an Ayurvedic herbal remedy 'Ayuro lax' in 183 patients. The clinical assessment of ten symptoms was made before the treatment and on the 2<sup>nd</sup>, 4<sup>th</sup> and 7<sup>th</sup> day. Treatment for seven days resulted in statistically significant improvement of all symptoms [Viz. quantity of stool ( $p < 0.001$ ), improvement in consistency ( $p < 0.001$ ), decrease in abdominal pain ( $p < 0.005$ ), flatulence ( $p < 0.001$ ), mucus ( $p < 0.005$ ), pain while defaecation ( $p < 0.001$ ) and foul odour ( $p < 0.05$ )] The results indicate that Ayuro lax is an effective bowel regulator. The overall average improvement was 64.31 %. This remedy was well accepted and no untoward effects were observed.

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*\*R. &D. (Ayurveda), Ajanta Pharma Ltd., Mumbai.*

*\*\* Co-ordinator on behalf of Insurance Medical Practitioners' Association, Mumbai.*

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